



Coffee and Tea

Fresh Brewed Coffee

du jours blend is made specifically for us by local beanery Seven Hills Coffee 12 oz. \$1.50 16 oz. \$1.65

Spicy chai

12 oz. \$1.75 16 oz. \$1.95

Hot chocolate (all natural, fat free)

12 oz. \$1.75

Teas

12 oz. \$1.50

Breakfast

Toasty Bacon Breakfast Sandwich - 2 slices bacon, 2 fresh eggs, Colby cheese \$3.75

Toasty Sausage Breakfast Sandwich - 2 pieces sausage, 2 fresh eggs, Colby cheese \$3.75

Single Breakfast Sandwich - served on a muffin (on a bagel add .50) \$2.25

Biscuits & Gravy - southern style \$2.99

Marx Original Bagels - Blueberry, cinnamon raisin, honey wheat, plain \$1.25

with lite strawberry or regular cream cheese \$1.75

Lunch *Salad & Soup*

Sunflower Salad

Mixed greens, feta cheese, dried cranberries, sunflower seeds, kalamata olives, pepperoncini peppers, tomatoes, red onion and your choice of dressing. \$5.95

Cajun Chicken Salad

Lightly seasoned chicken breast over mixed greens with shredded cheddar cheese, egg, tomato and cucumber and your choice of dressing. \$5.95

Chef's Salad

Mixed greens, ham, turkey, bacon, cheddar and jack cheeses, egg, tomato and cucumber, with your choice of dressing. \$6.75

Black Bean Taco Salad

Mixed greens, zesty black beans, shredded cheddar cheese, ranch, salsa, green onion and of course tortilla chips \$5.95

House Salad

Mixed greens, kalamata olives, pepperoncini pepper, red onion, cucumber and tomato \$3.75

Freshly Made Salad Dressings

Celery seed, balsamic vinaigrette, buttermilk ranch, italian mango vinaigrette, chipotle ranch
Ken's lite ranch & fat-free california french

Soup - Soup du jour Cup \$2.75 Bowl \$3.50

Turkey Chili - A du jours favorite Cup \$3.25 Bowl \$4.00



Sandwiches

BBQ

Delicious homemade pulled beef bbq sandwich stuffed in a fresh baked mini-loaf. \$5.25

BLT

Crispy bacon, fresh lettuce, tomato and mayo served on bakery fresh honey wheat bread. \$5.50

Turkey Bacon Club

Oven roasted turkey, crispy bacon, lettuce, tomato and mayo on honey wheat bread. \$5.50

Tuna Salad

Our special recipe chunky light tuna salad, served on bakery fresh honey wheat bread made with cholesterol-free, reduced calorie mayo. \$4.50

*Any sandwich can be prepared with cholesterol-free, reduced calorie mayo at your request

Wraps

Chicken Club Wrap

Lightly seasoned chicken breast, bacon, cheddar cheese, lettuce and tomato with ranch dressing, served in a garlic herb wrap. \$5.50

Veggie Wrap

Sliced mushrooms, feta cheese, kalamata olives, spinach, peppers, tomato, cucumber and red onion, with balsamic vinaigrette, served in a garlic herb wrap. \$5.50

Black Bean Burrito

Our award winning black bean recipe with diced tomato and shredded jack cheese in a garlic herb wrap, served with salsa and sour cream. \$5.50

Panini Sandwiches

Ham & Pepperoni

Served on freshly baked italian bread with sun-dried tomato pesto, mozzarella cheese, red onion and spinach. \$5.95

Turkey Reuben

Served on pumpernickel rye, with sauerkraut, 1000 isle and swiss cheese. \$5.95

Three Cheese

Served on freshly baked italian bread, with fontina, asiago and colby cheeses. \$5.95

Turkey Club

Served on freshly baked italian bread with bacon, jack cheese, red onion, tomato, spinach and chipotle sauce. \$5.95

Desserts... Ask about our daily selection!

*Coming Soon... Yogurt Smoothies & Parfaits, Fruit Pancakes, Egg Salad Sandwich
Chicken Caesar Wrap, Chicken Caesar Salad, Hot Bacon Spinach Salad!*